

POOL CLINIC 101 - Session #1 Agenda

An Introduction to Basics (3 Hours)

Bob Mobile

**33 Kimball Hill Road
Hillsborough, NH 03244**

- I. PHYSICS (1 hour)**
 1. Cue Ball Control Points
 2. Friction (skid, grab and release)
 3. Stop, Follow and Draw
 4. Left and right English
 5. Combinations of above
 6. Demo (Low Left and Low Right are BACKWARDS!)
 7. Statistics and probabilities

- II. PHYSICAL (15-30 minutes)**
 1. Stance and grip
 2. Stroke and follow-through
 3. Aiming
 4. Mental Preparation

- III. SHOTS (30 minutes)**
 1. The 8-Ball Break (cue ball control)
 2. Dead Combinations
 3. Throw Shots (when combos are or are not dead)
 4. Dead Kiss (carom shots)
 5. Throwing a kiss shot that is not dead
 6. Rail Shots

- IV. STRATEGY (FOCUSED ON EIGHT BALL)- 1 Hour**
 1. Know the rules
 2. When & how to play safe (defense)
 3. Make ball in hand work for you!
 4. Introduction to Pattern Planning

NEXT SESSION #2 (3 Hours)

- I. Review (15 minutes)**
- II. Developing Stroke and Stance (1 Hour)**
- III. Shots Continued- Banks (1,2,3,4 and 5 Rail Banks)- 45 minutes**
- IV. Strengthening Pattern Planning Strategies (1 Hour)**

All lessons are on an ultra fast professionally set-up antique 1902 J.E. Came 4 1/2' x 9' table. No INDOOR smoking and please limit alcohol consumption!